

MARTIAL ARTS WAY - DECEMBER 2017

SENSEI FRANK GAVIOLA AND SENSEI LENORE GAVIOLA


DOJO LOCATION: 8958 ELK GROVE BOULEVARD, SUITE 105, ELK GROVE, CA 95624

MAILING ADDRESS: PO BOX 284, ELK GROVE, CA 95759

WEBSITE & FACE BOOK: MARTIAL ARTS WAY

916 423-2913 OR 916 718-8263

WWW.ZENBEI.ORG

Sunday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<u>1</u>	8:30 Tai Chi <u>2</u> 9:30 Karate / Jujitsu 11:00 Kobudo
<u>3</u>	<u>5</u> 6:30 Youth Karate	<u>6</u>	<u>7</u> 5:30 Tai Chi (Villegas) 6:30 Adult Karate	<u>8</u>	<u>9</u> 8:30 Tai Chi 9:30 Karate 11:00 Kobudo
<u>10</u>	<u>12</u> 6:30 Youth Karate	<u>13</u>	<u>14</u> 5:30 Tai Chi (Villegas) 6:30 Adult Karate	<u>15</u>	<u>16</u> 8:30 Tai Chi 9:30 Karate / Jujitsu 11:00 Kobudo
<u>17</u>	<u>19</u> 6:30 Youth Karate	<u>20</u>	<u>21</u> <i>ZBBKI Memberships Due</i> 5:30 Tai Chi (Villegas) 6:30 Adult Karate	<u>22</u>	<u>23</u> 8:30 Tai Chi 9:30 Karate 11:00 Kobudo <i>Enjoy Holiday Time Off With Family Next Week</i>
<u>24</u> <i>Christmas Eve</i> <i>Monday Dec 25th</i> <i>is Christmas Day</i> 	<u>26</u> <u>NO CLASS</u> <u>TONIGHT</u>	<u>27</u>	<u>28</u> <u>NO CLASSES</u> <u>TONIGHT</u>	<u>29</u>	<u>30</u> <u>NO CLASSES TODAY</u> <i>January 2, 4 & 6 next week</i> <i>we will return to the</i> <i>regular class schedule</i>

Upcoming Events – Mark Your Calendar

- *Ozawa Cup, Flamingo Hotel, Las Vegas, Nevada. Hotel reservations can be made at www.ozawa-tournament.com
Seminars Friday, March 30; Tournament, Saturday, March 31, 2018*
- *Windy City Tournament, Arlington Heights, Illinois, DoubleTree Hotel by Hilton, 75 W. Algonquin Road, Arlington Heights, IL
Seminars Friday, April 13; Tournament Saturday, April 14, 2018 (Christian Liberty Academy, 505 Euclid Avenue, Arlington Heights)*

NOTE: IF INTERESTED IN COMPETING PLEASE LET GAVIOLA SENSEIS KNOW SO YOUR TRAINING CAN START NOW!