MARTIAL ARTS WAY - MARCH 2024

SENSEI FRANK GAVIOLA AND SENSEI LENORE GAVIOLA

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<u>WWW.MARTIALARTSWAY.COM</u> 916 718-8263 OR 916 423 2913 <u>FACEBOOK: MARTIALARTSWAY / TAI CHI AND KARATE WITH MARTIAL ARTS WAY</u>

	SF Dojo Address St. Mary's Park & Rec	<u>1</u>	NO CLASSES TODAY 2
	St Many's Park & Roc		
	or. Mary of ark of Rec		SEMINAR @ DOJO IN
	Murray & Justin Dr.		SAN FRANCISCO
	Maps Available		<u>9 AM TO NOON</u>
<u>6</u>	<u>7</u>	<u>8</u>	Tai Chi 8:30 AM <u>9</u>
	6:00 to 7:45 PM		Youth Karate 9:30 AM
	Adult Karate/Kobudo		Adult Karate 10:30 AM
			Kobudo 11:30 AM
<u>13</u>	<u>14</u>	<u>15</u>	Tai Chi 8:30 AM <u>16</u>
	6:00 to 7:45 PM		Youth Karate 9:30 AM
	Adult Karate/Kobudo		Adult Karate 10:30 AM
			Kobudo 11:30 AM
<u>20</u>	<u>21</u>	<u>22</u>	Tai Chi 8:30 AM <u>23</u>
	6:00 to 7:45 PM		Youth Karate 9:30 AM
	Adult Karate/Kobudo		Adult Karate 10:30 AM
			Kobudo 11:30 AM
<u>27</u>	<u>28</u>	<u>29</u>	<i>Tai Chi 8:30 AM</i> <u>30</u>
	6:00 to 7:45 PM		Youth Karate 9:30 AM
	Adult Karate/Kobudo		Adult Karate 10:30 AM
			Kobudo 11:30 AM
			SPRING KARATE EXAM
			Sat April 27 th or Sat May4
			Flyer will be given to those
			who qualify to take exam
	<u>13</u>	6 6:00 to 7:45 PM Adult Karate/Kobudo 13 14 6:00 to 7:45 PM Adult Karate/Kobudo 20 21 6:00 to 7:45 PM Adult Karate/Kobudo 27 28 6:00 to 7:45 PM Adult Karate/Kobudo	6 7 8 6:00 to 7:45 PM 14 15 6:00 to 7:45 PM 21 22 6:00 to 7:45 PM Adult Karate/Kobudo 22 27 28 29 6:00 to 7:45 PM Adult Karate/Kobudo 29 Adult Karate/Kobudo 29

THE 2024 ZBBKI SUMMER CAMP ALBION COLLEGE, MICHIGAN SUNDAY JUNE 16TH – FRIDAY, JUNE 21ST IF INTERESTED IN ATTENDING DEPOSIT OF \$100 DUE IN APRIL. SEE THE SENSEIS FOR APPLICATION & INFO