


MARTIAL ARTS WAY CALENDAR - APRIL 2026
SENSEI FRANK GAVIOLA & SENSEI LENORE GAVIOLA
 8958 ELK GROVE BOULEVARD, SUITE 105, ELK GROVE, CA 95624
 MAILING ADDRESS: PO BOX 284, ELK GROVE, CA 95759

WEBSITE: WWW.MARTIALARTSWAY.COM 916 718-8263 OR 712-8440 FACEBOOK: [TAI CHI AND KARATE WITH MARTIAL ARTS WAY](#)

Sunday/Monday	Tuesday	Wed	Thursday	Friday	Saturday
		<u>1</u>	6:00 to 7:15 PM <u>2</u> <i>Adult Karate</i> 7:20 to 7:45 PM <i>Kobudo</i>	<u>3</u>	8:30 to 9:15 <i>Tai Chi</i> <u>4</u> 9:30 to 10:15 <i>Youth Karate</i> 10:30 to 11:15 <i>Adult Karate</i> 11:30 to 12:15 <i>Kobudo</i>
<i>Sunday</i> <u>5</u> 	<u>7</u> 6:00 to 7:15 PM <i>Youth Karate & Jujitsu</i>	<u>8</u>	<u>9</u> 6:00 to 7:15 PM <i>Adult Karate</i> 7:20 to 7:45 PM <i>Kobudo</i>	<u>10</u>	<u>11</u> 8:30 to 9:15 <i>Tai Chi</i> 9:30 to 10:15 <i>Youth Karate</i> 10:30 to 11:15 <i>Adult Karate</i> 11:30 to 12:15 <i>Kobudo</i>
<i>Sunday</i> <u>12</u> <i>Monday</i> <u>13</u>	<u>14</u> 6:00 to 7:15 PM <i>Youth Karate & Jujitsu</i>	<u>15</u>	<u>16</u> 6:00 to 7:15 PM <i>Adult Karate</i> 7:20 to 7:45 PM <i>Kobudo</i>	<u>17</u>	<u>18</u> <i>EXAM FEES DUE TODAY</i> 8:30 <i>Tai Chi</i> 9:30 to 10:15 <i>Youth Karate</i> 10:30 to 11:15 <i>Adult Karate</i> 11:30 to 12:15 <i>Kobudo</i>
<i>Sunday</i> <u>19</u> <i>Monday</i> <u>20</u>	<u>21</u> 6:00 to 7:15 PM <i>Youth Karate & Jujitsu</i>	<u>22</u>	<u>23</u> 6:00 to 7:15 PM <i>Adult Karate</i> 7:20 to 7:45 PM <i>Kobudo</i>	<u>24</u>	<u>25</u> <i>KARATE & JUJITSU EXAM</i> <i>Start Time 9:30 AM</i> <i>After Exam, Group Lunch</i> <i>Happy Garden Reserve Spot(s)</i> <i>with Sensei by April 18</i>
<i>Sunday</i> <u>26</u> <i>Monday</i> <u>27</u>	<u>28</u> 6:00 to 7:15 PM <i>Youth Karate & Jujitsu</i>	<u>29</u>	<u>30</u> 6:00 to 7:15 PM <i>Adult Karate</i> 7:20 to 7:45 PM <i>Kobudo</i>		<i>Examiners</i> <i>Get Enough rest night before.</i> <i>Make sure your gi is clean & ironed.</i> <i>Eat a healthy breakfast</i>