

MARTIAL ARTS WAY CALENDAR – FEBRUARY 2026

SENSEI FRANK GAVIOLA & SENSEI LENORE GAVIOLA

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FACEBOOK: [MARTIALARTSWAY / TAI CHI AND KARATE WITH MARTIAL ARTS WAY](https://www.facebook.com/MARTIALARTSWAY/)

| Sunday/Monday | Tuesday | Wed | Thursday | Friday | Saturday |
|--|---|-----------|--|-----------|--|
| Sunday <u>1</u> Monday <u>2</u> | <u>3</u> 6:00 to 7:15 PM Youth Karate and Jujitsu | <u>4</u> | 6:00 to 7:15 PM <u>5</u> Adult Karate 7:20 to 7:45 PM Kobudo | <u>6</u> | 8:30 to 9:15 Tai Chi <u>7</u> 9:30 to 10:15 Youth Karate 10:30 to 11:15 Adult Karate 11:30 to 12:15 Kobudo |
| Sunday <u>8</u> Monday <u>9</u> | <u>10</u> 6:00 to 7:15 PM Youth Karate and Jujitsu | <u>11</u> | 6:00 to 7:15 PM <u>12</u> Adult Karate 7:20 to 7:45 PM Kobudo | <u>13</u> | VALENTINE'S DAY 8:30 to 9:15 Tai Chi <u>14</u> 9:30 to 10:15 Youth Karate 10:30 to 11:15 Adult Karate |
| Sunday <u>15</u> Monday <u>16</u> President's Day | <u>17</u> 6:00 to 7:15 PM Youth Karate and Jujitsu | <u>18</u> | 6:00 to 7:15 PM <u>19</u> Adult Karate 7:20 to 7:45 PM Kobudo | <u>20</u> | 8:30 to 9:15 Tai Chi <u>21</u> 9:30 to 10:15 Youth Karate 10:30 to 11:15 Adult Karate 11:30 to 12:15 Kobudo |
| Sunday <u>22</u> Monday <u>23</u> | <u>24</u> 6:00 to 7:15 PM Youth Karate and Jujitsu | <u>25</u> | 6:00 to 7:15 PM <u>26</u> Adult Karate 7:20 to 7:45 PM Kobudo | <u>27</u> | 8:30 to 9:15 Tai Chi <u>28</u> 9:30 to 10:15 Youth Karate 10:30 to 11:15 Adult Karate 11:30 to 12:15 Kobudo |
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FOR NEXT MONTH INFO REGARDING WORKSHOP @ SAN FRANCISCO DOJO

SATURDAY, MARCH 7, 2026, TAI CHI, KARATE & KOBUDO

If interested in attending, sign up with Sensei Frank or Sensei Lenore. Location: St. Mary's Recreation Center, Murray & Justin Drive, San Francisco, CA 94110. Workshop start time 9:30 AM. Will go to lunch as a group afterwards. Directions to recreation center will be available if needed. Your GPS is a reliable source. Leave early & allow 2-3 hours driving time depending on traffic.