

# **MARTIAL ARTS WAY CALENDAR – FEBRUARY 2026**

**SENSEI FRANK GAVIOLA & SENSEI LENORE GAVIOLA**

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**[WWW.MARTIALARTSWAY.COM](http://WWW.MARTIALARTSWAY.COM)**

**FACEBOOK: MARTIALARTSWAY / TAI CHI AND KARATE WITH MARTIAL ARTS WAY**

Sunday/Monday	Tuesday	Wed	Thursday		Friday	Saturday
<i>Sunday 1</i> <i>Monday 2</i>	<i>6:00 to 7:15 PM</i> <i>Youth Karate and Jujitsu</i>	<u>3</u>	<u>4</u>	<i>6:00 to 7:15 PM</i> <u>5</u> <i>Adult Karate</i> <i>7:20 to 7:45 PM</i> <i>Kobudo</i>	<u>6</u>	<i>8:30 to 9:15 Tai Chi</i> <u>7</u> <i>9:30 to 10:15 Youth Karate</i> <i>10:30 to 11:15 Adult Karate</i> <i>11:30 to 12:15 Kobudo</i>
<i>Sunday 8</i> <i>Monday 9</i>	<i>6:00 to 7:15 PM</i> <i>Youth Karate and Jujitsu</i>	<u>10</u>	<u>11</u>	<i>6:00 to 7:15 PM</i> <u>12</u> <i>Adult Karate</i> <i>7:20 to 7:45 PM</i> <i>Kobudo</i>	<u>13</u>	<b>VALENTINE'S DAY</b> <i>8:30 to 9:15 Tai Chi</i> <u>14</u> <i>9:30 to 10:15 Youth Karate</i> <i>10:30 to 11:15 Adult Karate</i>
<i>Sunday 15</i> <i>Monday 16</i> <i>President's Day</i>	<i>6:00 to 7:15 PM</i> <i>Youth Karate and Jujitsu</i>	<u>17</u>	<u>18</u>	<i>6:00 to 7:15 PM</i> <u>19</u> <i>Adult Karate</i> <i>7:20 to 7:45 PM</i> <i>Kobudo</i>	<u>20</u>	<i>8:30 to 9:15 Tai Chi</i> <u>21</u> <i>9:30 to 10:15 Youth Karate</i> <i>10:30 to 11:15 Adult Karate</i> <i>11:30 to 12:15 Kobudo</i>
<i>Sunday 22</i> <i>Monday 23</i>	<i>6:00 to 7:15 PM</i> <i>Youth Karate and Jujitsu</i>	<u>24</u>	<u>25</u>	<i>6:00 to 7:15 PM</i> <u>26</u> <i>Adult Karate</i> <i>7:20 to 7:45 PM</i> <i>Kobudo</i>	<u>27</u>	<i>8:30 to 9:15 Tai Chi</i> <u>28</u> <i>9:30 to 10:15 Youth Karate</i> <i>10:30 to 11:15 Adult Karate</i> <i>11:30 to 12:15 Kobudo</i>

**FOR NEXT MONTH INFO REGARDING WORKSHOP @ SAN FRANCISCO DOJO**

**SATURDAY, MARCH 7, 2026, TAI CHI, KARATE & KOBUDO**

If interested in attending, sign up with Sensei Frank or Sensei Lenore. Location: St. Mary's Recreation Center, Murray & Justin Drive, San Francisco, CA 94110. Workshop start time 9:30 AM. Will go to lunch as a group afterwards. Directions to recreation center will be available if needed. Your GPS is a reliable source. Leave early & allow 2-3 hours driving time depending on traffic.